

Sheryl DeLong

Painter and Upcycled Art, Bliss, MI



My studio's name, "Metamorphosis," comes from my adoration of the monarch butterflies that grace the meadow outside my window, my love of using cast off materials to create something new, and my belief that although change is hard, and often messy, it is absolutely necessary for creation.

I have been an artist since I was old enough to hold a crayon, spending much of my childhood coping with the unstable world around me by immersing myself in imagination and creativity. In school I took as many art classes as I was allowed, then went on to study fine art, with an emphasis on drawing, painting and printmaking, as well as wildlife biology at Ashland University. Over all these years, and through all the changes that come with living, the wonder of art has kept me both buoyant and grounded.

Although I will always go back to drawing and painting when I need structure or speed, I have found mosaic work to be most satisfying, and very therapeutic - I get to smash up colorful and festive dishes, and then put them back together in a new and often whimsical way. Working with glass, too, has become a dazzling dance with light and color that delights the part of me that adores all that glitters.

In the last few years I have learned to make my own paints and dyes from the world around me - from plants, trees, rocks, nuts, seeds, bones, ash, fire, and, sometimes, blood. I always use water from the lakes near my Bliss home in my watercolors, and use beach pebbles and driftwood in my mosaics, assemblages and jewelry. These secret and sacred ingredients add the essence of home and wilderness to my work. I love knowing they are there, hiding in the color, line, shape and texture.

**For more information about Sheryl,
you can contact her through
Seven Elements Art Gallery.**



Floor Mosaic design



Mosaic Lamp Design



Glass Mosaic